

botany & betterment[™]
in the

AMAZON

with *Marcia & Leslie*

Meet Your Hosts



Marcia Castro-Rosenberg
APRN, MEP-C, NP-C, FMNM, ABAAHP

Marcia is a Nurse Practitioner with Heart, Vision, and a Passion for Growth. For nearly 30 years Marcia has dedicated her career to the art and science of healing. She earned her BS in Nursing (BSN) from Florida Atlantic University and her MS in Nursing (MSN) from Maryville University. She is certified as an Adult and Gerontology Nurse Practitioner (NP-C) by the American Academy of Nurse Practitioners. Marcia began her nursing journey in oncology, administering chemotherapy and providing compassionate home care. Her dedication to supporting patients through life's toughest transitions led her to hospice nursing, where she offered comfort and dignity to those in end-of-life care. After over a decade immersed in the realities of illness, Marcia embraced a new chapter in her career: non-invasive medical aesthetics. She obtained national certifications, co-founded an aesthetic practice in Deerfield Beach, and became a faculty member at the Esthetic Skin Institute Workshops (ESIW). She also completed a Fellowship in Metabolic and Nutritional Medicine (FMNM), achieved board certification from the American Board of Anti-Aging Health Practitioners (ABAAHP), and became a Diplomat and Fellow of the esteemed Academy of Anti-Aging and Regenerative Medicine (A4M). This passion for uncovering the root causes of health imbalances led to the creation of Life by Design (LBD), a health optimization clinic where she uses functional and precision medicine principles to help patients thrive.

In her commitment to empowering others, Marcia also earned certification as a Strategic Intervention Life Coach through the renowned Robbins-Madanes Training Institute. In 2023, inspired by the healing power of nature, Marcia and her husband Jason opened Rooting for You (RFU), a vibrant plant shop and event space in Las Vegas. RFU serves as a sanctuary for community connection and growth—letting plants do the healing while fostering creativity and togetherness. Marcia's unique ability to balance the scientific with the artistic, and the logical with the compassionate, sets her apart. She believes in the limitless potential of every individual and is dedicated to helping her clients uncover their best selves. Beyond her professional pursuits, Marcia is a loving wife and proud mother of two incredible souls.

Marcia resides in Las Vegas, where she continues to lead No Lines By Design, Life by Design, and Rooting for You. In her (rare!) free time, Marcia loves nature, traveling, live music, and making memories with friends and family.

TRIP DETAILS & BOOKING REQUESTS
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